

DAILY SPECIALS

SUNDAY:

Arroz Frito (<i>Fried Rice</i>) (1 Veg.)	\$8.55
Puerco Asado (<i>Roast Pork</i>)	\$8.95
Bistec en Cazuela (<i>Potted Steak</i>)	\$8.95
Pescado a la Marinera	\$10.25
<i>(Fish Filet Marinera)</i>	
Carne Asada (<i>Pot Roast</i>)	\$10.75

MONDAY:

Masas de Puerco	\$8.95
<i>(Fried Pork Chunks)</i>	
Arroz Frito (<i>Fried Rice</i>) (1 Veg.)	\$8.55
Puerco Asado (<i>Roast Pork</i>)	\$8.95
Pescado Relleno (<i>Stuffed Fish</i>)	\$10.45

TUESDAY:

Pescado Meunier (<i>Fish Filet Meunier</i>)	\$9.55
Vaca Frita	\$9.45
<i>(Grilled Flank Steak)</i>	

Ropa Vieja (<i>Shredded Beef</i>)	\$9.45
Pollo a la Plancha	\$10.25
<i>(Grilled Chicken Breast Filet)</i>	
Puerco Asado (<i>Roast Pork</i>)	\$8.95

WEDNESDAY:

Tamal en Cazuela (1 Veg.)	\$7.75
<i>(Cream Seasoned Corn)</i>	
Pollo Fricasé	\$8.75
<i>(Chicken Fricasé) (White Meat)</i>	
Rabo Encendido	\$11.95
<i>(Ox Tail in Sauce)</i>	
Puerco Asado (<i>Roast Pork</i>)	\$8.95

THURSDAY:

Puerco Asado (<i>Roast Pork</i>)	\$8.95
Bacalao en Salsa	\$10.45
<i>(Codfish in Sauce)</i>	
Pescado a la Marinera	\$10.25
<i>(Fish Filet Marinera)</i>	
Carne Asada (<i>Pot Roast</i>)	\$10.55

FRIDAY:

Vaca Frita (<i>Grilled Flank Steak</i>)	\$9.45
Puerco Asado (<i>Roast Pork</i>)	\$8.95
Ropa Vieja (<i>Shredded Beef</i>)	\$9.45
Pescado Relleno (<i>Stuffed Fish</i>)	\$10.45
Arroz Frito (<i>Fried Rice</i>)	\$8.55

SATURDAY:

Arroz Frito (1 Veg.)	\$8.55
<i>(Fried Rice)</i>	
Patatas de Cerdo (<i>Pigs Feet</i>)	\$9.25
Puerco Asado (<i>Roast Pork</i>)	\$8.95
Tasajo (<i>Dried Beef in Sauce</i>)	\$9.75
Carnero (2 ct.) \$9.95 (3 ct.)	\$11.55
<i>(Lamb Stew)</i>	

For parties of 8 or more 18% gratuity will be added.

CONSUMER ADVISORY

Consuming raw or under cooked meats, eggs, poultry, seafood or shellfish increases your risk of contracting a food borne illness especially if you have certain medical conditions.

La Teresita Cafeteria

3246 W. COLUMBUS DRIVE • TAMPA, FLORIDA 33607

TAKE OUT MENU

TO PLACE AN ORDER CALL 879-4909

ENTREES / COMIDAS

BEEF / CARNES

1. Bistec de Palomilla / (<i>Palomilla Steak</i>)	\$8.95
2. Bistec a la Milanese / (<i>Milanese Steak</i>)	\$9.45
3. Bistec Empanizado / (<i>Breaded Steak</i>)	\$9.25
4. Bistec T-Bone / (<i>T-Bone Steak</i>)	\$13.55
5. Bistec de Lomo / (<i>Ribeye Steak</i>)	\$11.25
6. Filete Salteado / (<i>Sauteed Beef Tenderloin</i>)	\$11.45
7. Carne con Papas / (<i>Beef Stew</i>)	\$8.95
8. Boliche Mechado / (<i>Roast Eye Round Steak</i>)	\$8.95
9. Hígado a la Italiana / (<i>Italian Liver</i>)	\$8.75
10. Costilla de Puerco / (<i>Pork Chops grilled or fried</i>)	\$9.25
11. Picadillo a la Criolla / (<i>Ground Beef in Sauce</i>)	\$7.65
12. Plátano Relleno / (<i>Stuffed Plantain</i>)	\$8.55

CHICKEN / POLLO

13. Arroz con Pollo / (<i>Yellow Rice and Chicken</i>)	\$8.45
<i>(White Meat additional) \$0.60</i>	
14. Pollo Asado / (<i>Baked Chicken</i>)	\$8.45
<i>(White Meat additional) \$0.60</i>	
15. Pechuga de Pollo Empanizada / (<i>Breaded Chicken Breast</i>)	\$10.25
16. Pollo Neopolitana / (<i>Chicken Napolitana</i>)	\$11.75

SEAFOOD / MARISCOS

17. Minuta Empanizada / (<i>Breaded Fish Filet</i>)	\$9.25
18. Camarones Enchilados (6 ct.) \$10.75 (9 ct.)	\$13.45
<i>(Shrimps in Sauce)</i>	
19. Minuta a la Rusa / (<i>Fish Filet Russian Style</i>)	\$10.25
20. Arroz con Calamares / (<i>Rice with Squid Chunks</i>) (1 Side)	\$8.45
21. Camarones Fritos / (<i>Fried Shrimp</i>) (6 ct.) \$8.75 (9 ct.)	\$10.75
22. Salmón a la Parrilla / (<i>Grilled Salmon</i>)	\$11.25
23. Tilapia a la Espalda / (<i>Tilapia in Garlic Sauce</i>)	\$9.95

A LA CARTE

24. Pollo Salteado (<i>Sauteed Chicken Tenderloin</i>)	\$10.25
25. Bistec a la Napolitana (<i>Breaded Steak Napolitana</i>)	\$10.55
26. Camarones al Ajillo (6 ct.) \$11.25 (9 ct.)	\$13.25
<i>(Shrimp in Garlic Sauce)</i>	
27. Cielo, Mar y Tierra (<i>Chicken, Shrimp and Steak</i>)	\$18.55
28. Churrasco (<i>Grilled Skirt Steak</i>)	\$18.55
29. Pollo a la Plancha (<i>Grilled Chicken Breast Filet</i>)	\$10.25

*All meals are served with two (2) sides of your choice; except as noted (1 Side).

*Todas las comidas son servidas con dos (2) acompañantes de su preferencia; menos las indicadas (1 Acom.).

30. Ensalada de Pollo (<i>Chicken Salad</i>)	\$9.25
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EXTRA BREAD \$0.40 ADDITIONAL

SIDE DISHES / ACOMPAÑANTES

Sopa de Pollo (<i>Chicken Soup</i>)	\$2.65
Frijoles Negros (<i>Black Bean Soup</i>)	\$2.65
Frijoles Colorado (<i>Red Bean Soup</i>)	\$2.85
Garbanzos (<i>Spanish Bean Soup</i>)	\$2.85
Caldo Gallego (<i>Collard Green Soup</i>)	\$2.85
Arroz Amarillo (<i>Yellow Rice</i>)	\$2.65
Arroz Blanco (<i>White Rice</i>)	\$2.65
Arroz Moro (<i>Moro Rice</i>)	\$2.65
Papas Fritas (<i>French Fries</i>)	\$2.65
Plátanos Fritos (<i>Fried Ripe Plantains</i>)	\$2.65
Ensalada (<i>Salad</i>)	\$2.65
Yuca (<i>Yuca</i>)	\$3.75
Onion (<i>Onion</i>)	\$0.20
Chimichurri (<i>Chimichuri</i>)	\$0.75
Salsas (Sauces): Tartar Sauce, Red Sauce, Green Sauce, Garlic Sauce	\$0.75

Catering and Banquets (813) 875-2007

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SANDWICHES

Cubano (Cuban) (sm) \$5.95 (lg) \$6.75
Media Noche (Midnight) \$5.95
Bistec (Steak) \$7.75
Bistec Empanizado (Breaded Steak) \$7.75
Boliche (Roast Eye Round Stuffed) \$7.55
Ropa Vieja (Shredded Beef) Tuesdays & Fridays . . . \$7.95
Minuta (Breaded Fish Filet) \$7.95
Jamón y Queso (Ham & Cheese) \$5.75
Puerco Asado (Pork) (sm) \$6.95 (lg) \$7.95
Pollo a Plancha \$8.25

*Lettuce and Tomatoe are an additional 60¢

SIDE ORDERS

Croquetas de Jamón (Ham Croquettes) \$0.70
Pan con Mantequilla . . . (sm) \$0.75 . . . (lg) . . \$1.25 (Bread & Butter)
Tostada con Queso (Cheese Toast) \$2.45
Harina (Grits) \$2.05
Avena (Oatmeal) \$2.05
Jamón, Tocineta ó Salchicha \$2.65 (Ham, Bacon, or Sausage)
Tamal (Corn Tamale) \$2.95
Tostones (Fried Green Plantains) \$4.25
Chicharritas de Platano (Fried Plantation Chips) . . \$3.95
Yuca Frita \$4.25

DESSERTS / POSTRES

Arroz con Leche (Sweet Rice Pudding) \$3.50
Flan de Vainilla (Vanilla Flan) \$3.50
Flan de Queso (Cream Cheese Flan) \$3.50
Pudin de Pan (Bread Pudding) \$3.99
Cascos de Guayaba / Queso Crema \$3.95 (Guava Shells & Cream Cheese)
Dulce de Fruta Bomba con Queso Crema \$3.95 (Papaya in heavy syrup with Cream Cheese)
Tortica de Moron (Sugar Cookie) \$1.35
Cheesecake \$4.25
Tres Leche (3 Cream Cake) \$4.75

BEVERAGES / BEBIDAS

Malta \$2.50
Jupiña, Ironbeer, Materva \$2.25
Tropical Fruit Shakes \$3.95 (Mamey, Papaya, Mango, Guava, Passion Fruit, Soursop, Wheat)
Batidos \$3.95 (Mamey, Papaya, Mango, Guava, Maracuya, Guanabana, Trigo)
Sodas \$2.45
Iced Tea \$2.30
Expresso \$1.35
Decaf. Expresso \$1.40
Café con Leche (Coffee w/ Milk) \$1.70, 2.25, 2.95
Café con Leche Decaf. \$1.80, 2.40, 3.00
Cortadito Reg. \$1.55 Decaf . . \$1.70
Orange Juice \$2.25, 2.95, 3.25
Milk \$2.10, 2.95, 3.25
Chocolate Milk \$2.25, 3.25, 3.45
Cerveza Domestica (Domestic Beer) \$3.55
Cerveza Importado (Imported Beer) \$3.80
Vino (White, Red, Rosé) (House Wine) Glass \$5.75
Sangria Glass \$ 5.75 . . Carafe \$13.95 . . Lg Carafe \$17.50
Bottled Water \$2.25
Extra Lemon 25¢

BREAKFAST / DESAYUNO

*1 Huevo, Jamón o Tocineta \$3.75 (1 Egg, Ham or Bacon)
*2 Huevos, Jamón o Tocineta \$4.25 (2 Eggs, Ham or Bacon)
*3 Huevos, Jamón o Tocineta \$4.85 (3 Eggs, Ham or Bacon) Con Harina (With Grits) Add \$1.00
*1 Huevo (1 Egg) \$2.25
*2 Huevos (2 Eggs) \$2.95
*3 Huevos (3 Eggs) \$3.25

*TORTILLAS / OMELETTES

1. Ingrediente (1 Item) \$4.75
2. Ingredientes (2 Items) \$5.55
3. Ingredientes (3 Items) \$6.25
4. Ingredientes (4 Items) \$6.95

Cebolla (Onion)	Chorizo (Sausage)
Queso (Cheese)	Tocineta (Bacon)
Jamón (Ham)	Tomates (Tomatoes)
Pimiento Verde (Green Peppers)	

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*All items above are served with bread and butter.

*Los desayunos incluyen pan con mantequilla.

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Sandwich de Huevo y Jamón o Bacon \$5.50 (Egg and Ham or Bacon Sandwich)
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CHILDREN'S MENU

(Under 12 yrs. / Menores de 12 años)

1. Hot Dog Special (Perro Caliente) \$5.25
2. Chicken Tenders (Chicharron de Pollo) \$5.95
3. Shrimp Special (Camarones Frito) \$5.95
4. Hamburger (Hamburguesa) \$5.45

Children's Menu is served with
French Fries and a soda.

Menu de niños es servido con Papa Fritas
y una Soda de su Preferencia.

TAKE OUT ORDERS

All items on the Menu are available for take out at all times. A charge of 25¢ per container and sales tax is added to the price. Please call **879-4909** for fast service. La Teresita is also well known for its excellent service and affordable prices on any type of Banquet activity. Please call our Banquet number **875-2007** for more information.

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Todos los platos in el Menú pueden ser ordenados para llevar. Un cargo de 25¢ por el envase aluminio y impuestos sobre ventas se agregan al precio. Llame a nuestros teléfono **879-4909** para servicio rápido.

La Teresita es conocido por su excelente servicio y sus precios módicos en cualquier tipo de actividad ó Banquete. Favor de llamar a nuestra línea de Banquete **875-2007** para más información.

For parties of 8 or more 18% gratuity will be added.

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